



Cumbria Domestic Abuse Champions' Network newsletter #78 01-08-23

Hello everyone – hope you are all keeping safe and well. Please find latest information below and attached. If you have any information or updates you would like to share in this newsletter please send it in.

Content Note: some of the articles and information in this newsletter may include detailed discussion of physical, emotional and sexual abuse, please be mindful of your own triggers, safety and feelings and of those with whom you might share some of this content – take care.

Domestic Abuse Champions' Training – Kendal 17th October

The next domestic abuse champions' training session will be in Kendal in partnership with Springfield Domestic Abuse Support. The session will be at the Springfield premises in Stricklandgate House on Tuesday 17th October, 9.30am-4.30pm. **Bookings can be made by emailing cfj@springfieldsupport.org**

Cumberland Council and Westmorland & Furness Council, in partnership with Safe Lives, are offering the training opportunity to complete 'Responding Well' Domestic Abuse Training.

To book a place on this training please follow the link here:

<https://www.eventbrite.com/cc/responding-well-domestic-abuse-training-2275729>.

If you have any queries regarding the training or you are having issues with booking, please contact alison.goodfellow@westmorlandandfurness.gov.uk

Thinking Critically About Trauma-Informed Practice

Trauma Informed Cumbria's first learning event. Book here

<https://www.eventbrite.com/e/661913951447>

The **Trauma Informed Cumbria** website, www.traumainformedcumbria.org.uk, serves as a central hub for information, resources, and valuable tools for professionals seeking to improve their trauma-informed service. It also contains details of Trauma Informed Cumbria's flagship professional conference, which will be held on November 2nd in Castle Green Hotel, Kendal.

Domestic Abuse Commissioner report published

Domestic Abuse Commissioner calls for wide reaching reforms to ensure safety of children in the Family Courts and accelerate government plans

Story here <https://domesticabusecommissioner.uk/domestic-abuse-commissioner-calls-for-wide-reaching-reforms-to-ensure-safety-of-children-in-the-family-courts-and-accelerate-government-plans/>

Report here [DAC Family-court-report Exec-Summary 2023 Digital.pdf \(domesticabusecommissioner.uk\)](#)

The Women and Equalities Committee has launched an inquiry looking at perpetrator interventions in a criminal justice setting.

The Committee will be accepting submissions until 5.00pm on Friday 22 September. See here [The escalation of violence against women and girls - Committees - UK Parliament](#)

In the news ...

[She found out she had complex PTSD. Then she realized how insidious trauma really is | Life and style | The Guardian](#)

[People who murder ex-partners could face longer sentences | Crime | The Guardian](#)

[Watchdog criticises family courts' handling of domestic abuse | Family law | The Guardian](#)

<https://www.independent.co.uk/news/uk/home-news/domestic-abuse-mediation-family-courts-b2350430.html>

<https://www.theguardian.com/society/2023/jun/30/domestic-abuse-support-in-the-workplace>

<https://feweek.co.uk/cost-of-living-crisis-driving-up-domestic-abuse-and-criminal-exploitation-of-college-students/>

<https://news.sky.com/story/failures-in-probation-service-leaves-potential-victims-at-risk-of-domestic-abuse-report-says-12914226>

[Why I could not tell my story of domestic abuse in my book – or put my name to this piece | Anonymous | The Guardian](#)

[Tracker apps used by celebrities 'being abused by stalkers', charities warn - Mirror Online](#)

[Coercive Control In Relationships: How To Spot The Signs, According To Experts | British Vogue](#)

[Government launches new initiative to tackle economic abuse | ITV News](#)

[Three in five women in prison or under probation are victims of domestic abuse, MP warns - Mirror Online](#)

[Savings: Banks with lowest rates will face action, watchdog warns - BBC News](#)

Book of the month

Challen D (2023) [Control](#), Octopus Publishing Group

[CONTROL by David Challen | Waterstones](#)

Quote of the month

“You’ve got to think about the big things while you are doing small things, so that all the small things go in the right direction.” Alvin Toffler

Cumbria Domestic Abuse Champions’ Network social media – you can follow Cumbria Domestic Abuse Champions’ Network on social media for regular posts/updates. On Twitter [@AbuseCumbria](#) and on [Facebook](#) [@CumbriaDomesticAbuseChampionsNetwork](#)

Champions’ Network newsletters - You can find all the previous copies of these newsletters in PDF format at <http://www.womenscommunitymatters.org/cumbria-domestic-champions/>

Steve Robson

Trainer/Facilitator

Cumbria Domestic Abuse Champions’ Network

Kind Regards, Steve