



Cumbria Domestic Abuse Champions' Network newsletter #77 07-07-23

Hello everyone – hope you are all keeping safe and well. Please find latest information below and attached. If you have any information or updates you would like to share in this newsletter please send it in.

Content Note: some of the articles and information in this newsletter may include detailed discussion of physical, emotional and sexual abuse, please be mindful of your own triggers, safety and feelings and of those with whom you might share some of this content – take care.

Cumberland Council and Westmorland & Furness Council, in partnership with SafeLives, are offering the training opportunity to complete 'Responding Well' Domestic Abuse Training.

To book a place on this training please follow the link here:

<https://www.eventbrite.com/cc/responding-well-domestic-abuse-training-2275729>.

If you have any queries regarding the training or you are having issues with booking, please contact alison.goodfellow@westmorlandandfurness.gov.uk

Victim Support, Cumbria – job vacancies

Turning the Spotlight details here - [Domestic Abuse Prevention worker \(5022\) | Victim Support](#)

ISVA details here - [Independent Sexual Violence Advocate \(5021\) | Victim Support](#)

Study exploring how outdoor spaces and activities have influenced coping/recovery of those who have experienced intimate partner violence.

To find out more and how to take part, click here: [Understanding the survivor of intimate partner violence and their use of outdoor spaces and activities as a recovery tool \(onlinesurveys.ac.uk\)](#)

Refuge's latest report focuses on the importance of community-based domestic abuse services, and reflects on the impact of ongoing funding challenges within the specialist domestic abuse sector.

[Domestic abuse services in the community under pressure from lack of funding - Refuge](#)

The End Violence Against Women Coalition is launching a new report looking at progress made and best practice for a Whole School Approach to ending Violence Against Women and Girls (VAWG)

[New report: It's #AboutTime - A Whole School Approach to Ending Violence Against Women and Girls | End Violence Against Women](#)

Easy First Step Resources to 'Get to Work on Modern Slavery in Cumbria'

One of first and easiest things anyone can do in their premises is to display posters or leaflets. Or maybe you could raise awareness of modern slavery in a team meeting with staff or volunteers. These things may be easy and simple, but they can be effective.

There are downloadable, free resources from the Clewer Initiative. [The Clewer Initiative | Awareness raising downloads](#) You will find:

- Spot the Signs Posters
- Modern Slavery Helpline Posters
- Posters for Food-Banks, Drop-Ins and Night Shelters, for Volunteers and Users
- Modern Slavery Safeguarding Flowchart
- Ukrainian/English Refugee Exploitation Awareness Toolkit
- Other stuff if you take a look around their webpages

If you would like to receive regular modern slavery information, resources, make connections etc. please get in touch with us. There is a training/network event on **4th October in Penrith**, when we'll think about partnerships and some areas to focus on. Let me know if you're interested jo@churchestogethercumbria.org.uk and we can add you to our email list.

In the news ...

[Non-fatal strangulation one year on – why it matters | COUNSEL | The Magazine of the Bar of England and Wales \(counselmagazine.co.uk\)](#)

[40% of LGBTQ+ domestic abuse survivors have no support from friends or family \(gaytimes.co.uk\)](#)

[Cost of living crisis is forcing more LGBTQ+ victims of abuse to stay with abusers \(gaytimes.co.uk\)](#)

[My boyfriend controls me and threatens to leave when I see my friends. What can I do? | Domestic violence | The Guardian](#)

[Sued by my rapist: the rise in men wanting to sue women who speak out \(cosmopolitan.com\)](#)

[Women 'forced to return to violent homes' as shortage of UK refuge places leads to crisis | Domestic violence | The Guardian](#)

['Domestic abuse isn't your business? Yes it is': the push for employers to do more to protect their staff | Domestic violence | The Guardian](#)

<https://www.bbc.com/news/uk-england-beds-bucks-herts-51966883>

[Kellie Sutton ruling, 'very significant move', says former victims commissioner – Channel 4 News](#)

[Family Court Files: parental alienation 'used to silence claims of abuse' — The Bureau of Investigative Journalism \(en-GB\) \(thebureauinvestigates.com\)](#)

[Three in five women in prison or under probation are victims of domestic abuse, MP warns - Mirror Online](#)

[Olivia Colman domestic abuse interview: 'Women are still expendable' | The Independent](#)
[Revenge porn laws to be overhauled to help victims | The Independent](#)

Book of the month

Wilson D (2023) Murder at home, Sphere, London

<https://www.waterstones.com/book/murder-at-home/david-wilson/9780751584950>

Quote of the month

"A good head and a good heart are always a formidable combination." Nelson Mandela

Cumbria Domestic Abuse Champions' Network social media – you can follow Cumbria Domestic Abuse Champions' Network on social media for regular posts/updates. On Twitter [@AbuseCumbria](#) and on [Facebook](#) @CumbriaDomesticAbuseChampionsNetwork

Champions' Network newsletters - You can find all the previous copies of these newsletters in PDF format at <http://www.womenscommunitymatters.org/cumbria-domestic-champions/>

Steve Robson
Trainer/Facilitator
Cumbria Domestic Abuse Champions' Network



SafeLives
Responding Well Post