



Cumbria Domestic Abuse Champions' Network newsletter #76 06-06-23

Hello everyone – hope you are all keeping safe and well. Please find latest information below and attached. If you have any information or updates you would like to share in this newsletter please send it in.

Content Note: some of the articles and information in this newsletter may include detailed discussion of physical, emotional and sexual abuse, please be mindful of your own triggers, safety and feelings and of those with whom you might share some of this content – take care.

'Getting To Work on Modern Slavery in Cumbria' Event

Churches Together in Cumbria (CTiC) have been working in partnership with Women's Community Matters (WCM) on the overlap between domestic/sexual abuse and exploitation and modern slavery and there is much we'd like to do together. We held an event on 12th May at WCM in Barrow. There were about 80 people in attendance from lots of different agencies and groups, including some experts from out-of-region. We talked about the current situation in Cumbria and thought about what could be done to improve awareness, collaborative working and victim support in relation to modern slavery.

One of the outcomes was a desire to stay in touch with each other in order that people can receive information, resources and make connections etc. So, a contacts group has been started and there will be another event in October in Penrith, when we'll think about partnerships and some areas to focus on. Please let us know if you're interested, if you would like to join our contact group mailing list to receive occasional email updates, please get in touch with us at jo@churchestogethercumbria.org.uk.

Statutory Guidance – controlling or coercive behaviour (May 2023)

[Controlling or coercive behaviour: statutory guidance framework \(accessible\) - GOV.UK](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/115555/Controlling_or_coercive_behaviour_statutory_guidance_framework_accessible.pdf)
(www.gov.uk)

Find out more about tech abuse ...

Between April 2020 and May 2021, Refuge saw average a 97% increase in the number of complex tech abuse cases requiring specialist tech support when compared to the first three months of 2020. See their dedicated tech abuse information and resources here www.RefugeTechSafety.org

Friends of Springfield Domestic Abuse Support - See information below.



FRIENDS OF SPRINGFIELD

Springfield Domestic Abuse support is a small charity based in Kendal supporting individuals across the South Lakes area.

Would you like to be part of a group of people who deeply care about the support work we do?

Becoming a Friend of Springfield costs £25 per year, in return you will receive a special members pin badge, bi annual news updates and be invited along to our special themed Summer and Christmas coffee and chat sessions.



**Are you Interested?
Would you like to know more?**

Email admin@springfieldsupport.org
or call the office on 01539 726171

All proceeds will go into helping us deliver the valuable Domestic Abuse Support to those individuals in our community who need it.

End to intrusive fishing expeditions of rape victims' therapy notes

[End to intrusive fishing expeditions of rape victims' therapy notes - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/news/end-to-intrusive-fishing-expeditions-of-rape-victims-therapy-notes)

Practitioners Survey - AVA are looking to hear from practitioners who have supported families experiencing adult child-to-parent abuse. We would like to hear about your experiences as practitioners to help shape our research, any recommendations and the guidance we plan to create at the end of the project. We have included some questions for you to respond to, in the survey at the link below. This should take no more than approximately 15 minutes. [Hear ME \(Mother's Experiences\) - AVA - Against Violence & Abuse \(avaproject.org.uk\)](https://avaproject.org.uk)

Annual Progress Report from the Domestic Abuse Safe Accommodation Steering Group 2021-22

<https://www.gov.uk/government/publications/delivery-of-support-in-domestic-abuse-safe-accommodation-annual-progress-report-2021-22/annual-progress-report-from-the-domestic-abuse-safe-accommodation-national-expert-steering-group-2021-22>

In the news ..

[The killing of Joanna Simpson: she was bludgeoned and buried by her husband. Why is he being set free? | Domestic violence | The Guardian](#)

[Progress from domestic abuse law too slow - report - BBC News](#)

[Angel Lynn: what her harrowing story tells us about coercive control | Domestic violence | The Guardian](#)

[More than 400 victims forced into marriage in UK over past year | UK News | Sky News](#)

[How to split your finances if you break up with your partner \(goodhousekeeping.com\)](#)

[If you say 'not all men': How all men can end violence against women \(bigissue.com\)](#)

[Marelle Sturrock's Murderer Is Described As 'Kind' & 'Gentle' – We Must Stop Eulogising Violent Men In this Way | Glamour UK \(glamourmagazine.co.uk\)](#)

[Stalkers and domestic abusers to be targeted as millions invested in new intervention projects - GOV.UK \(www.gov.uk\)](#)

[Police recruits with links to domestic abuse and sex offenders 'still being appointed' | Police | The Guardian](#)

[‘Tip of the iceberg’: Forced marriage reports soar but true scale of problem still hidden, experts fear | The Independent](#)

[Tina Turner was an inspiration to domestic abuse survivors – I saw her impact first hand | Metro News](#)

[‘She gave me hope’: domestic abuse survivors praise Tina Turner’s bravery | Domestic violence | The Guardian](#)

[Police assessment places violence against women and girls on same footing as terrorism | Violence against women and girls | The Guardian](#)

<https://domesticabusecommissioner.uk/blogs/the-impact-of-the-cost-of-living-crisis-on-male-abuse-victims/>

[‘Do not take suicides at face value’, police force told - BBC News](#)

<https://theconversation.com/higher-unemployment-and-less-income-how-domestic-violence-costs-women-financially-204688>

<https://diva-magazine.com/2023/06/06/domestic-abuse-lgbtqia-victims-need-help/>

Book of the month

Perry B D and Winfrey O (2021) [What happened to you? Conversations on trauma, resilience and healing](#), Flatiron Books

Quote of the month

"Be kind whenever possible. It is always possible" Dalai Lama

Cumbria Domestic Abuse Champions' Network social media – you can follow Cumbria Domestic Abuse Champions' Network on social media for regular posts/updates. On Twitter [@AbuseCumbria](#) and on [Facebook](#) @CumbriaDomesticAbuseChampionsNetwork

Champions' Network newsletters - You can find all the previous copies of these newsletters in PDF format at <http://www.womenscommunitymatters.org/cumbria-domestic-champions/>

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