



Champions' Network - Domestic and sexual abuse newsletter #68 05-09-22

Hello all – hope you are all keeping safe and well. Please find latest information below and attached. If you have any information or updates you would like to share please send them in.

Content Note: some of the articles and information in this newsletter may include detailed discussion of physical, emotional and sexual abuse, please be mindful of your own triggers, safety and feelings and of those with whom you might share some of this content – take care.

Free one-day domestic abuse champions' training

Cumbria Domestic Abuse Champions' training – Barrow, Monday 19th September 2022, 9.30am-4.30pm

Cumbria Domestic Abuse Champions' training – Workington, Thursday 22nd September 2022, 9.30am-4.30pm

Places still available - if you are interested in attending, please email champions@womenscommunitymatters.org.

Victim Support Cumbria – children and young people service

Victim Support's children and young person domestic abuse service will offer support to young people 5+ who have been impacted by domestic abuse. They work closely with schools and deliver support on a 1 to 1 and group basis to help young people cope and recover from direct exposure to, or witnessing, domestic abuse - please get in touch for more information. For further information email CYPCumbria@victimsupport.org.uk

New guidance will ensure all forms of domestic abuse are recognised - Domestic Abuse statutory guidance sets out in detail what constitutes domestic abuse, how to identify it and best practices for responding, see here [New guidance will ensure all forms of domestic abuse are recognised - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/111111/new-guidance-will-ensure-all-forms-of-domestic-abuse-are-recognised)

Karma Nirvana - working to end Honour Based Abuse in the UK

Karma Nirvana runs the national Honour Based Abuse Helpline, trains professionals, gathers data to inform policies and services, and campaigns for change.

UK Helpline: [0800 5999 247](tel:08005999247)

Website: [Karma Nirvana](https://www.karnanirvana.org/)

World Suicide Prevention Day – Saturday 10th September 2022

Find out more about the day here [World Suicide Prevention Day 2022 - Creating hope Through Action \(who.int\)](#)

Find out about local work on a Suicide Safer Cumbria here [Every Life Matters - Suicide Safer Cumbria \(every-life-matters.org.uk\)](#)

In the news ...

[Cost of living: Woman 'trapped' with abusive husband due to soaring energy prices | UK News | Sky News](#)

[Police officers violent to women will be sacked under new guidance - BBC News](#)

[Farah Nazeer: 'Charities need the courage of their convictions to speak out' \(civilsociety.co.uk\)](#)

[Call for more help for older male domestic abuse victims - BBC News](#)

[From domestic abuse survivor to law changer | UK News | Sky News](#)

[Petition calls for mandatory domestic abuse lessons in college - BBC News](#)

<https://www.bbc.co.uk/news/uk-scotland-scotland-politics-62708555>

[Women's charities warn that the cost-of-living crisis is fuelling a rise in domestic abuse | ITV News Anglia](#)

[Rail to Refuge founder hopes to expand scheme to ferries and buses | The Independent](#)

Cumbria Domestic Abuse Champions' Network social media – you can follow Cumbria Domestic Abuse Champions' Network on social media for regular posts/updates. On Twitter [@AbuseCumbria](#) and on [Facebook](#) @CumbriaDomesticAbuseChampionsNetwork

Champions' Network newsletters - You can find all the previous copies of these newsletters in PDF format at <http://www.womenscommunitymatters.org/cumbria-domestic-champions/> just in case you lose/misplace any info.

Kind regards, Steve