



Champions' Network - Domestic and sexual abuse newsletter #64 01-04-22

Hello all – hope you are all keeping safe and well. Please find latest information below and attached. If you have any information or updates you would like to share please send them in.

Content Note: some of the articles and information in this newsletter may include detailed discussion of physical, emotional and sexual abuse, please be mindful of your own triggers, safety and feelings and of those with whom you might share some of this content – take care.

FREE Cumbria Domestic Abuse Champions' training – Kendal 9th May. If you are interested in attending please email champions@womenscommunitymatters.org. Please feel free to share around your networks and with colleagues etc, all welcome.

Tackling Domestic Abuse Plan – the government released a new plan this week which aims to drive down the prevalence of domestic abuse and domestic homicide and provide victims and survivors with the support they need. See more at the link here ... [Tackling Domestic Abuse Plan - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

Hourglass launches 24-hour helpline – the helpline is now available 24 hours a day, 7 days a week, to help anyone affected by the **abuse of older people**. Call on **0808 808 8141** and receive free advice and guidance, whenever you need. See also [Hourglass \(wearehourglass.org\)](https://wearehourglass.org)

Hestia – new webpage on [How to spot the signs of domestic abuse at work \(hestia.org\)](https://hestia.org)

New government website around violence against women and girls – Let's all be part of the change, no-one should live in fear of abuse. Enough is enough. We can all do our bit to keep women and girls safe. More information here ... [Home | VAWG \(campaign.gov.uk\)](https://campaign.gov.uk)

New pilot scheme in Family Courts - Victims of domestic abuse will receive better support as part of a new approach being piloted to better support domestic abuse victims in the family courts.

[Pioneering approach in family courts to support domestic abuse victims better - GOV.UK \(www.gov.uk\)](http://www.gov.uk)

In the news ...

<https://asiatimes.biz/police-officers-accused-of-domestic-abuse-are-still-in-service-data-shows/>

<https://www.positive.news/society/how-two-survivors-of-domestic-violence-found-meaning-from-tragedy/>

[Domestic abuse: 'I think I could have saved my daughter from murder' - BBC News](#)

[Domestic abuse survivor Jennifer Gilmour 'lived hour by hour' - BBC News](#)

[In plain sight: Expert on domestic abuse exposes myths surrounding male violence as we send her book to MSPs and Scotland's most senior law officers \(sundaypost.com\)](#)

[Black abuse campaigners get Valerie's Law proposal heard - BBC News](#)

[11 years, 10 arrests, at least 62 women: how did Britain's worst cyberstalker evade justice for so long? | Women | The Guardian](#)

Cumbria Domestic Abuse Champions' Network social media – you can follow Cumbria Domestic Abuse Champions' Network on social media for regular posts/updates. On Twitter [@AbuseCumbria](#) and on [Facebook](#) [@CumbriaDomesticAbuseChampionsNetwork](#)

Champions' Network newsletters - You can find all the previous copies of these newsletters in PDF format at <http://www.womenscommunitymatters.org/cumbria-domestic-champions/> just in case you lose/misplace any info.

Kind regards, Steve