



## Information update re: domestic and sexual abuse and other support services #41 09-10-20

Hello all – hope you are all keeping safe and well. Please find latest information below and attached. If you have any information or updates you would like us to share please send in

*Content Note: some of the articles and information in this newsletter may include detailed discussion of physical, emotional and sexual abuse, please be mindful of your own triggers, safety and feelings – take care.*

**Cumbria County Council COVID19 information page** – available here

<https://cumbria.gov.uk/coronavirus/latest.asp>

**Online training** - Cumbria Safeguarding Children Partnership still has a range of excellent online training, including domestic abuse training at

<https://www.cumbriasafeguardingchildren.co.uk/LSCB/training/domesticabuselearningevents.asp>

**How banks can help during Covid-19 from Surviving Economic Abuse** – see PDF booklet below. This and further resources available here <https://survivingeconomicabuse.org/resources/>

**Free childcare for 2-year olds** – see PDF poster below and here

<https://cumbria.gov.uk/childrensservices/childrenandfamilies/cfis/freechildcarefortwoyearolds.asp?cookies=disable>

**Refuge short video on Twitter re: sharing intimate images** -This is the real story of Natasha, whose abusive partner used the threat to share intimate images to control her and stop her leaving. Refuge is calling on the law change to protect women like Natasha. <https://twitter.com/i/status/1314188850563080198> - see more from Refuge here [https://campaign.refuge.org.uk/page/63006/action/1?ea.tracking.id=NT\\_WE](https://campaign.refuge.org.uk/page/63006/action/1?ea.tracking.id=NT_WE)

**Women's Aid, Julie Walters** – We must “Listen to the voices of child survivors of domestic abuse” By Julie Walters, Patron of Women's Aid

<https://www.womensaid.org.uk/listen-to-the-voices-of-child-survivors-of-domestic-abuse-womens-aid-patron-julie-walters/>

### Latest news articles

1. Forcing women into debt is a marker of domestic abuse - [https://www.independent.co.uk/voices/domestic-abuse-bill-economic-victims-debt-b466800.html?utm\\_content=Echobox&utm\\_medium=Social&utm\\_source=Twitter#Echobox=1600507436](https://www.independent.co.uk/voices/domestic-abuse-bill-economic-victims-debt-b466800.html?utm_content=Echobox&utm_medium=Social&utm_source=Twitter#Echobox=1600507436)
2. Eastenders' Chantelle Atkins Murder Storyline Is Key To Ensuring We Continue To Shine A Light On Domestic Abuse - <https://graziadaily.co.uk/amp/life/tv-and-film/eastenders-chantelle-atkins-murder-gray-domestic-abuse-charities-refuge/>
3. 'Revenge porn new normal' after cases surge in lockdown- <https://www.bbc.co.uk/news/technology-54149682>
4. POST OFFICE AND EBAY ADD 'SAFE SPACE' PORTAL FOR DOMESTIC ABUSE VICTIMS TO ACCESS 'DISCREETLY' - <https://www.independent.co.uk/life-style/women/domestic-violence-support-information-post-office-ebay-ministry-defence-b480905.html?fbclid=IwAR3MDaDsPldcMQULbJOvkIM2sGjIBc88DIBXeA57jiiA43iq4i5iAsshEfQ>
5. Online safe spaces' would have helped me leave my abusive partner - <https://metro.co.uk/2020/10/05/online-safe-spaces-would-have-helped-me-leave-my-abusive-partner-13373341/?ito=cbshare>

6. Male domestic abuse victims 'sleeping in cars and tents' - <https://www.bbc.co.uk/news/uk-england-54237409>
7. Child custody rules during Covid-19 are still 'open to abuse', MP warns - [https://www.huffingtonpost.co.uk/entry/child-custody-pandemic\\_uk\\_5f7add44c5b649e564b57c9c](https://www.huffingtonpost.co.uk/entry/child-custody-pandemic_uk_5f7add44c5b649e564b57c9c)

**Crimestoppers launch new domestic abuse campaign - #YouAreNotPowerless**

Everyone has the power to do the right thing, change their abusive behaviour or make the call. If someone is in immediate danger, call 999. If you don't want to reveal your identity, call us on 0800 555 111 or [complete our anonymous online form](#). Find out more here <https://crimestoppers-uk.org/domesticabuse>

**Cumbria Domestic Abuse Champions' Network social media** – you can follow Cumbria Domestic Abuse Champions' Network on social media for regular posts/updates. On Twitter [@AbuseCumbria](#) and on [Facebook](#) [@CumbriaDomesticAbuseChampionsNetwork](#)

**Champions' Network newsletters** - You can find all the previous copies of these newsletters in PDF format at <http://www.womenscommunitymatters.org/cumbria-domestic-champions/> just in case you lose/misplace any info.



A4 2 year old poster  
- Issued Aug 2020 (3



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