



Information update re: domestic and sexual abuse and other support services #40 18-09-20

Hello all – hope you are all keeping safe and well. Please find latest information below and attached. If you have any information or updates you would like us to share please send in.

Content Note: some of the articles and information in this newsletter may include detailed discussion of physical, emotional and sexual abuse, please be mindful of your own triggers, safety and feelings – take care.

Online safe spaces – find out more about online safe spaces at the links below.

<https://www.hestia.org/news/royal-mail-group-develops-online-safe-spaces-service-to-support-victims-of-domestic-abuse>

<https://www.thisislocalondon.co.uk/news/national/18729560.post-office-ebay-adopt-safe-spaces-portal-domestic-abuse-victims/>

Tech Safety Tool from Refuge – not sure who can see your social media updates? Want to ensure an ex-partner isn't able to see when you're online? See the Tech Safety Tool from Refuge and take control of your online privacy. See here https://www.nationaldahelpline.org.uk/Tech-safety-tool?utm_source=Twitter&utm_medium=SocialMedia&utm_campaign=TechAbuse

Job vacancies – Safety Net, Carlisle – are recruiting for **Self Employed Adult therapists/counsellors** and a **Business Support Assistant 0.4** (2 days per week). See information attached.

Job vacancy – Women's Community Matters, Barrow - Women's Community Matters works alongside women and young people delivering services with love, care, compassion and kindness.

We are looking to recruit the right person to the following post: **Project Worker: Young People** (WCM 021) – 37 hours per week

This role is to deliver our Time for thought project for young men and boys.

We are happy to consider job sharing and to be flexible with the number of hours per week for the right candidate

To obtain an application form, job description and person specification please visit our website:

<http://www.womenscommunitymatters.org/> or e-mail jobs@womenscommunitymatters.org

For an informal chat about any of the posts please e-mail as above or ring the Centre and ask for Rebecca or Sam on 01229 311102. **The closing date is 2pm on Thursday 1st October 2020**

Latest news articles

1. Domestic abuse workers reveal the trauma of trying to help victims during lockdown - <https://theconversation.com/domestic-abuse-workers-reveal-the-trauma-of-trying-to-help-victims-during-lockdown-145273>
2. Domestic abuse services prepare for surge in violence reports as schools reopen - <https://www.independent.co.uk/news/uk/home-news/domestic-abuse-lockdown-reports-school-reopen-coronavirus-a9703926.html>
3. 'I was a victim of gaslighting by my abusive partner' - <https://www.glamourmagazine.co.uk/article/gaslighting-by-partner>
4. Record 105,000 abused women at risk of serious harm or murder as violence at home surges in lockdown - <https://www.telegraph.co.uk/news/2020/09/10/record-105000-abused-women-risk-serious-harm-murder-violence/>
5. Woman who was filmed naked without consent wins five-year legal battle against voyeur - <https://metro.co.uk/2020/08/10/woman-who-was-filmed-naked-without-knowledge-wins-legal-battle-voyeur-13110626/>

6. After escaping my controlling ex I worked with EastEnders on their domestic abuse storyline - <https://metro.co.uk/2020/09/15/after-escaping-my-controlling-ex-i-worked-with-eastenders-on-their-domestic-abuse-storyline-13269048/>
7. My working week: 'I cry after hearing one domestic abuse survivor's story. She is lucky to be alive' - https://www.theguardian.com/society/2020/sep/14/working-week-cry-hearing-domestic-abuse-survivors-lucky-alive?utm_term=Autofeed&CMP=tw_t_gu&utm_medium&utm_source=Twitter#Echobox=1600064300
8. Revenge porn helpline reveals surge in cases - <https://www.itv.com/news/2020-09-17/revenge-porn-helpline-reveals-surge-in-cases>
9. As a domestic abuse survivor, I've spent years living in lockdown - <https://metro.co.uk/2020/09/14/domestic-abuse-survivor-spent-years-living-lockdown-13176994/>

Crimestoppers launch new domestic abuse campaign - #YouAreNotPowerless

Everyone has the power to do the right thing, change their abusive behaviour or make the call. If someone is in immediate danger, call 999. If you don't want to reveal your identity, call us on 0800 555 111 or [complete our anonymous online form](#). Find out more here <https://crimestoppers-uk.org/domesticabuse>

Cumbria Domestic Abuse Champions' Network social media – you can follow Cumbria Domestic Abuse Champions' Network on social media for regular posts/updates. On Twitter [@AbuseCumbria](#) and on [Facebook](#) [@CumbriaDomesticAbuseChampionsNetwork](#)

Champions' Network newsletters - You can find all the previous copies of these newsletters in PDF format at <http://www.womenscommunitymatters.org/cumbria-domestic-champions/> just in case you lose/misplace any info.

Kind regards, Steve

SUPPORT IS AVAILABLE

If you're experiencing domestic abuse

find specialist support via Parcellforce's Online Safe Space

Visit [Parcellforce.com](https://www.parcellforce.com) and click on the Safe Spaces logo

   [UKSAYSNOMORE.ORG/ONLINE-SAFE-SPACES](https://www.uksaysnomore.org/online-safe-spaces)

Safety Net, Carlisle - Vacancy: Self Employed Adult therapists/counsellors.

Working with Safety Net (UK) is more than just a job; if you believe in the work we do, then please consider applying to join this exciting and expanding team. Safety Net (UK) supports the recovery of those affected by rape, exploitation, sexual and domestic abuse across north and west Cumbria.

Due to increasing demand we are looking for experienced adult therapists/counsellors qualified to at least equivalent of a post graduate diploma, to join our therapeutic team to provide specialist support /counselling and trauma focused therapy to adults and young people over the age of 16 years. The successful applicants will work in an inter-agency context and be required to take considerable responsibility around the complexity of their case work and to work autonomously. Therapists and counsellors will work remotely with sessions being delivered via telephone or video link. All team meetings, clinical and case management, and peer support will be through Microsoft Teams.

JOB PURPOSE

These posts will be paid on an agreed freelance self-employed sessional rate to support with service delivery. This specialist therapeutic role will be responsible to the Operations Manager and Clinical Manager. There will be a full induction process and training around systems and processes, this will be paid at £15 per hour. We are recruiting freelance staff to deliver 2 sessions per week minimum.

Reporting to: Clinical Manager & Operations Manager Hours: Sessional Pay: £35 - £40 -depending on accreditation and experience, this will cover the client session, all admin, notes and the completion of outcome and data management, a rate of £15 per hour is paid for multi- agency work and meetings
Base: Carlisle (covering North & West Cumbria), currently working from home.

To request an application pack and form, or for more information, please email:

office@safetynetuk.org

For an informal chat please call: 01228 515859. Registered charity Number: 1164998

Safety Net, Carlisle - Vacancy: 0.4 (2 days per week) Business Support Assistant.

Working with Safety Net (UK) is more than just a job; if you believe in the work we do, please consider applying to join our exciting and expanding team. Safety Net (UK) supports the recovery of those affected by rape, exploitation, sexual and domestic abuse across north and west Cumbria.

Due to increasing demand, we are looking for an experienced business support assistant to take considerable responsibility around the daily management of all office administration and to support service delivery. The post holder will work remotely currently, and for the foreseeable we will be offering services via the telephone or video link. All team meetings, management supervision and peer support will be through Microsoft Teams. Our main office base is in Carlisle and we have satellite offices in west Cumbria. There will be a requirement to provide office cover, attend meetings, training, and other events at the main office when the building re-opens.

JOB PURPOSE

The post of business support assistant will support our team in the smooth operational running of the service. You will need to be efficient, organised, have excellent communication and IT skills, have a good working knowledge of databases, and excel, and be happy to work currently from home. You will be the first point of contact for clients, understanding their needs and helping to answer questions and access support is a vital part of this role.

Reporting to: Office Manager Hours: 14 hours Salary: £16,320 -£18,552 salary pro rata depending on experience and a 4% employer contribution pension. Base: Carlisle (covering North & West Cumbria), currently working from home.

To request an application pack, or for more information, please email:

office@safetynetuk.org

For an informal chat, please call: 01228 515859

Closing date: Noon Monday 12th October 2020, Interviews to be held week commencing 19th October 2020