



## **Information update re: domestic and sexual abuse and other support services #38 10-08-20.**

Hello all – hope you are all keeping safe and well, please find latest information below and attached. If you have any information or updates you would like us to share please send in.

Content Note: some of the articles and information in this newsletter may include detailed discussion of physical, emotional and sexual abuse, please be mindful of your own triggers, safety and feelings – take care.

**Job Vacancy – Springfield Domestic Abuse Support in South Lakeland** – Springfield are recruiting for a Domestic Abuse Recovery and Support Worker. See information below.

**Turning the Spotlight** – is still operating and taking referrals. They are currently running sessions via video link and hope to be back to some face to face work in September 2020. For further info contact Laraine Carr on 07919 393 311 or by email at [turningthespotlight@victimsupport.org.uk](mailto:turningthespotlight@victimsupport.org.uk)

**Step Up Remote - Message from the Office of the Police and Crime Commissioner** - Step Up Remote is now nearing completion, thank you very much to everyone who has referred families or shared this opportunity with your networks. The responses were fast and furious and we reached capacity by the end of week 7. Unfortunately, we cannot take any further referrals at this point as we were only funded for 12 weeks as an emergency response to Covid-19. However, we have received very positive feedback from practitioners and agencies have expressed how they value being able to offer families support from Step Up both as a face to face programme and remotely.

We would be very grateful if you could please send us your feedback to help demonstrate the value of the programme to families in Cumbria and the agencies which support them, and to support our ability to deliver a longer term programme of support through Step Up. Please send to [Janewignall@restorativesolutions.org.uk](mailto:Janewignall@restorativesolutions.org.uk) and [Christy.laverack@cumbria.police.uk](mailto:Christy.laverack@cumbria.police.uk) Thank you.

### **Latest news and articles relating to domestic and sexual abuse**

Women who think they dated a sociopath are sharing their experiences -

<https://www.cosmopolitan.com/uk/love-sex/relationships/a33497720/dating-sociopath/>

Threatening To Share Sexual Images Ruins Lives. It's Time To Make It A Crime - [https://www.refinery29.com/en-gb/threatening-to-share-intimate-images-crime?utm\\_source=googlenewsstand&utm\\_medium=rss](https://www.refinery29.com/en-gb/threatening-to-share-intimate-images-crime?utm_source=googlenewsstand&utm_medium=rss)

Natasha: Sharing intimate images, BBC Radio 4 - <https://www.bbc.co.uk/programmes/m000lddh>

Domestic abuse: 'I was gripped by terror he would share something so intimate' -

'We're hoping that things will change for black women' - <https://www.bbc.co.uk/news/av/world-africa-53533407/we-re-hoping-that-things-will-change-for-black-women>

<https://www.gq-magazine.co.uk/politics/article/domestic-abuse-revenge-porn>

UK's women's refuges turn away victims who speak no English -

[https://www.theguardian.com/society/2020/aug/09/uks-womens-refuges-turn-away-victims-who-speak-no-english?CMP=Share\\_iOSApp\\_Other](https://www.theguardian.com/society/2020/aug/09/uks-womens-refuges-turn-away-victims-who-speak-no-english?CMP=Share_iOSApp_Other)

**Cumbria Domestic Abuse Champions' Network social media** – you can follow Cumbria Domestic Abuse Champions' Network on social media for regular posts/updates. On Twitter [@AbuseCumbria](https://twitter.com/AbuseCumbria) and on [Facebook](https://www.facebook.com/CumbriaDomesticAbuseChampionsNetwork) [@CumbriaDomesticAbuseChampionsNetwork](https://www.facebook.com/CumbriaDomesticAbuseChampionsNetwork)

**Champions' Network newsletters** - You can find all the previous copies of these newsletters in PDF format at <http://www.womenscommunitymatters.org/cumbria-domestic-champions/> just in case you lose/misplace any info.

Kind regards, Steve



## **Domestic Abuse Recovery & Support Worker**

30 hours per week - £19,528 pro-rata

£10.15 per hour

1 year fixed-term contract (with the possibility of an extension)

Springfield is a domestic abuse charity providing confidential support to clients who are experiencing, or have previously experienced, domestic abuse.

We are looking for a pro-active and creative Domestic Abuse Recovery & Support Worker to join our team. This post will be based at our community support hub in Kendal.

As Domestic Abuse Recovery & Support Worker you will provide a high-quality domestic abuse support service; develop and deliver a range of recovery and educational programmes both face-to-face and over digital platforms. Working as part of the Community Team, you will manage referrals both online and over the phone as well as responding to live webchat enquiries via the website.

You will have demonstrable experience of developing and delivering educational and recovery programmes, utilising digital platforms, providing outcome focused one to one support, risk assessing and safety planning. You will also hold a professional qualification from a recognised Domestic Abuse organisation.

If you want to make a real difference to people's lives and have a rewarding position, we would love to hear from you.

This post is open to job-share.

For an application pack please email [admin@springfieldsupport.org](mailto:admin@springfieldsupport.org)

**Closing date for applications is Wednesday 26<sup>th</sup> August 2020**

**Respect**

Men's advice line

**0808 8010327**

[www.mensadvice.org.uk](http://www.mensadvice.org.uk)

**" I felt like I had to  
"man up" and be  
invincible until  
I called. "**



**"They helped me see that  
this wasn't just an  
unhealthy relationship, it  
was more than that"**

## **National LGBT+ Domestic Abuse Helpline**

**Helpline:**

0800 999 5428

10am – 5pm Monday

10am – 5pm Tuesday

10am – 8pm Wednesday

10am – 8pm Thursday

10am – 5pm Friday

**Online chat:**

5pm - 8pm Wednesday

5pm - 8pm Thursday

