



## **Domestic abuse and general support during Coronavirus/Covid-19 outbreak – newsletter #31 08-06-20**

Hello all, hope you are all well. Please find the latest info and news from the domestic and sexual abuse world below and a few items attached. As ever, if you have anything you'd like to share around the Network please get in touch.

**Cumbria Police secure its first Stalking Protection Order** – see news story here

<https://www.cumbria.police.uk/News/News-Articles/2020/June/Cumbria-Police-secure-its-first-Stalking-Protection-Order.aspx>

Find out more about Stalking Protection Orders here <https://www.cps.gov.uk/legal-guidance/stalking-protection-orders> and <https://www.suzylamplugh.org/News/stalking-and-protection-orders>

**Domestic Abuse Services can help men in Cumbria** - <https://cumbria-pcc.gov.uk/domestic-abuse-services-can-help-men-in-cumbria/>

### **New 'Safe Space' added to list**

Safe spaces for domestic abuse victims – Morrisons, Boots and now Superdrug pharmacies, plus many independent pharmacies are now 'safe spaces' – see Superdrug social media graphic attached. Fine out more about Safe Spaces here <https://uksaysnomore.org/safespaces/>

### **New short film – Surfaces**

See film here - <https://www.youtube.com/watch?v=WGrCbfe1V4E>

Maxine Peake Stars In Domestic Abuse Film To Remind Victims: 'Services Are Available Wherever, And Whenever, To Support Them.' - <https://graziadaily.co.uk/life/in-the-news/maxine-peake-refuge-domestic-violence/>

### **Latest news articles**

1. Survivors of domestic abuse told to give evidence in person at Commons - <https://www.theguardian.com/society/2020/may/28/survivors-of-domestic-abuse-told-to-give-evidence-in-person-at-commons>
2. Visits to national domestic abuse helpline website surge by 950 per cent during lockdown - <https://www.independent.co.uk/news/uk/home-news/coronavirus-uk-domestic-abuse-helpline-calls-rise-refuge-a9534591.html>
3. Men who abuse women 'use the same tactics as pedophiles and I've never met one who wanted to change', says author of 'How He Gets in her Head' - <https://www.independent.ie/irish-news/men-who-abuse-women-use-the-same-tactics-as-pedophiles-and-ive-never-met-one-who-wanted-to-change-says-author-of-how-he-gets-in-her-head-35681098.html>
4. Domestic abuse services bracing for 'tsunami' of victims coming forward as lockdown eases - <https://www.independent.co.uk/news/uk/home-news/coronavirus-domestic-abuse-lockdown-refuge-a9543011.html>
5. Tougher Laws On Domestic Abuse Must Protect Migrant Women Too, Says Commissioner Nicole Jacobs - <https://www.vogue.co.uk/news/article/nicole-jacobs-domestic-abuse-migrant-woman>
6. After Sally Challen, we now have a chance to tackle coercive control - <https://www.theguardian.com/society/2020/jun/07/coercive-control-sally-challen-domestic-abuse-bill>
7. 'Rough sex' defence led to over 60 victims having to deny giving consent, finds research - <https://www.theguardian.com/society/2020/jun/03/rough-sex-defence-led-to-over-60-victims-having-to-deny-giving-consent-finds-research>

**Local Government Information Unit (LGIU)** - There has been a global surge in domestic abuse during lockdown restrictions, leading the [UN secretary general to call on governments](#) around the world to put in place policies to tackle violence against women and girls and ensure safe refuge for victims. Women's groups and domestic abuse charities have raised concerns that the lockdown restrictions and self-isolation may leave victims trapped with abusers. Abusive behaviour may escalate in response to stresses caused by job loss, financial pressures and frustration about the lockdown restrictions or because perpetrators feel emboldened as abuse is less likely to be noticed or reported. It may be more difficult for victims to seek help discreetly, and options for leaving an abusive situation may be restricted due to the lockdown. Although not all victims of domestic abuse are women, almost a third of women in the UK are estimated to experience abuse during their lifetime and two women a week on average are killed by a current or former partner in England and Wales alone. The issues for councils were covered in more detail in a [recent LGIU briefing](#).

**Male Survivor Helpline** – please see graphic for use on social media etc attached **0808 800 5005**. 1 in 6 men in the UK have been targets of rape and sexual abuse, that's 5 Million Men in the UK. Abusers don't discriminate – abuse can happen to any man of any age, race, class or sexual identity.

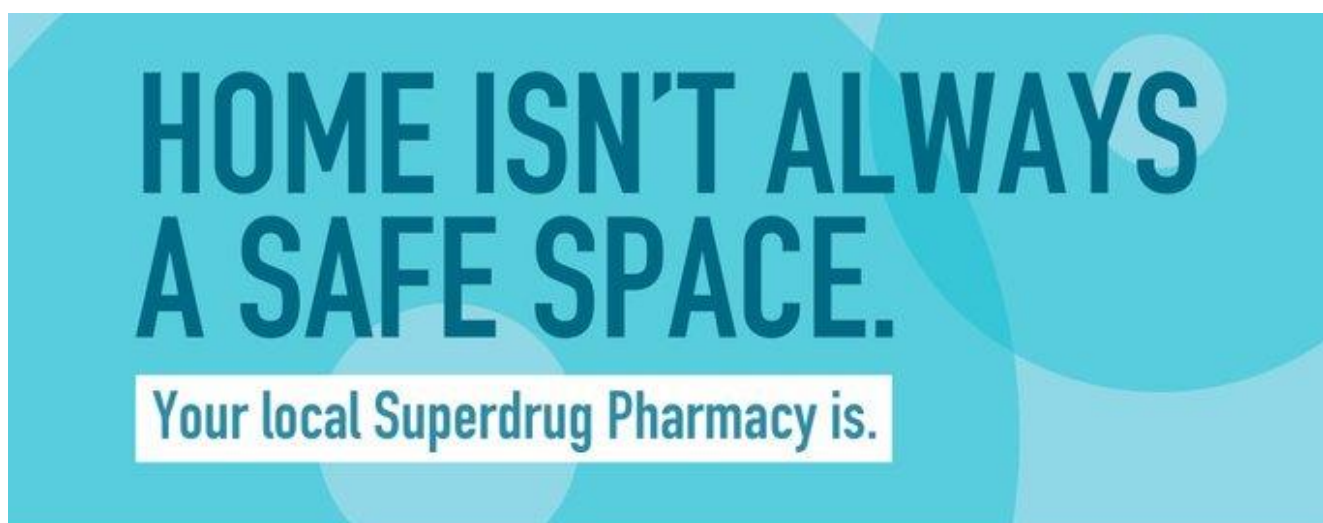
**National charity, White Ribbon UK** When venues reopen let's ensure they are safer places for women - [https://www.whiteribbon.org.uk/news/2020/5/29/when-venues-reopen-lets-ensure-they-are-safer-places-for-women?mc\\_cid=7f485ad56c&mc\\_eid=3bf10fc473](https://www.whiteribbon.org.uk/news/2020/5/29/when-venues-reopen-lets-ensure-they-are-safer-places-for-women?mc_cid=7f485ad56c&mc_eid=3bf10fc473)

**Women's Community Matters, Barrow receives Queens Award for Voluntary Service** – see full story here <http://www.womenscommunitymatters.org/womens-community-matters-barrow-receives-the-queens-award-for-voluntary-service/>

**Cumbria Domestic Abuse Champions' Network social media** – you can follow Cumbria Domestic Abuse Champions' Network on social media for regular posts/updates. On Twitter [@AbuseCumbria](#) and on [Facebook](#) [@CumbriaDomesticAbuseChampionsNetwork](#)

**Champions' Network newsletters** - You can find all the previous copies of these newsletters in PDF format at <http://www.womenscommunitymatters.org/cumbria-domestic-champions/> just in case you lose/misplace any info.

Kind regards, Steve



Superdrug ☆



[UKSAYSNOMORE.ORG/SAFESPACES](https://UKSAYSNOMORE.ORG/SAFESPACES)

# DOMESTIC



is NEVER ok

If you are concerned about someone please report it and help end the abuse.

## TO REPORT:

In an emergency call 999

Call 101 or report online at  
[www.cumbria.police.uk](http://www.cumbria.police.uk)



safeline



believe  
in you

National Male  
Survivor  
Helpline  
0808 800 5005